



# February

Good Nutrition  
Is Our Mission

## Secondary

Mon	Tue	Wed	Thu	Fri
<p><u>Breakfast</u> Student \$1.50 Adult \$1.75</p> <p><u>Lunch</u> Student \$3.00 Adult \$3.75</p>			<p>1 Strawberry French Toast Casserole w/Bacon</p> <hr/> <p>Oatmeal</p>	<p>2 Nat'l Tater Tot Day</p> <p>BBQ Bacon Chicken Sandwich w/Cheesy Tater Tots</p> <hr/> <p>Maple Long John</p>
<p>5 ** Meatball Sub w/Green Beans</p> <hr/> <p>Choice of Cereal</p>	<p>6 Chicken Fajitas w/Refried Beans</p> <hr/> <p>Scrambled Eggs</p>	<p>7 Cheesy Potato Soup w/Ham Sandwich</p> <hr/> <p>Yogurt Parfait</p>	<p>8 Roast Turkey w/Mashed Potatoes Gravy &amp; Roll</p> <hr/> <p>Oatmeal</p>	<p>9 Soft or Hard Shell Tacos w/Spanish Rice</p> <hr/> <p>Maple Long John</p>
<p>12 Buffalo Chicken or Cheese Pizza w/ M&amp;M Cookie</p> <hr/> <p>Choice of Cereal</p>	<p>13 Cheeseburger w/Tater Tots</p> <hr/> <p>Scrambled Eggs</p>	<p>14 Heart Healthy Baked Salmon w/Rice &amp; Roasted Veggies</p> <hr/> <p>Yogurt Parfait</p>	<p>15 French Dip w/Cottage Cheese</p> <hr/> <p>Oatmeal</p>	<p>16 Orange Chicken w/Rice</p> <hr/> <p>Maple Long John</p>
<p>19 <b>PRESIDENT'S DAY</b></p>	<p>20 Dorito Nachos w/Lime Jell-O</p> <hr/> <p>Scrambled Eggs</p>	<p>21 Chicken Enchiladas w/Corn Casserole</p> <hr/> <p>Yogurt Parfait</p>	<p>22 Chicken Fried Steak w/Mashed Potatoes, Gravy &amp; Roll</p> <hr/> <p>Oatmeal</p>	<p>23 ** Breakfast Burritos w/Hash Brown Rounds</p> <hr/> <p>Maple Long John</p>
<p>26 Chicken Alfredo Bake w/Breadstick</p> <hr/> <p>Choice of Cereal</p>	<p>27 ** BBQ Rib Sandwich w/Sweet Corn</p> <hr/> <p>Scrambled Eggs</p>	<p>28 Buffalo Chili w/Cinnamon Roll</p> <hr/> <p>Yogurt Parfait</p>		<p>Please visit <a href="https://healthyfor&lt;br/&gt;good.heart.org/">https://healthyfor good.heart.org/</a> for more information on living a healthy lifestyle.</p>

### *A la Carte Menu*

Hamburger — Cheeseburger — Chicken (Regular/Spicy) Sandwich  
Pizza (Cheese/Pepperoni\*\*) — Uncrustable (Grape/Strawberry)  
Calzone — Pretzel w/Cheese — Chicken Strips (Gluten Free)

\*Menu subject to change due to availability of food or school closure. \*\*Denotes Pork  
Campbell County School District is an equal opportunity employer and provider.