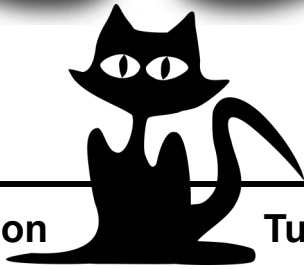




# October

## Secondary

Good Nutrition Is Our Mission



Mon	Tue	Wed	Thu	Fri
2 Chicken Fajitas w/Cheesy Refried Beans <hr/> Choice of Cereal	3 Buffalo Chili w/Cinnamon Roll <hr/> Scrambled Eggs	4 Cheesy Sausage Pasta Bake w/Garlic Veggies <hr/> Choice of Yogurt	5 Biscuits & Gravy w/Breakfast Potatoes <hr/> Oatmeal	6 Chicken Enchilada w/Tajin Black Beans <hr/> Choice of Cereal
9 Dorito or Super Nachos w/Southwest Quinoa <hr/> Choice of Cereal	10 Potato Cheese Soup w/Turkey Sandwich <hr/> Scrambled Eggs	11 National Pizza Day **Mini Deep Dish Sausage OR Cheese Pizza w/Cottage Cheese <hr/> Choice of Yogurt	12 Roast Turkey w/ Mashed Taters-n- Gravy & Roll <hr/> Oatmeal	13 General Tso's Chicken w/Ruby Red Rice <hr/> Choice of Cereal
16 Chicken Fried Steak w/Mashed Taters & Gravy <hr/> Choice of Cereal	17 Meatball Sub w/Pasta Salad <hr/> Scrambled Eggs	18 Cheeseburger w/Cottage Cheese <hr/> Choice of Yogurt	19  Parent-Teacher Conferences	
23 **Pepperoni or Cheese Pizza w/Cookie <hr/> Choice of Cereal	24 Buffalo Chili w/Cinnamon Roll <hr/> Scrambled Eggs	25 Baked Chicken w/Mashed Taters-n- Gravy & Biscuit <hr/> Choice of Yogurt	26 Spaghetti w/Garlic Bread <hr/> Oatmeal	27 Chicken Verde Tacos w/Chips & Salsa <hr/> Choice of Cereal
30 Baked Honey Lemon Salmon w/Veggie Cous Cous <hr/> Choice of Cereal	31 Sloppy Joe w/Mac-n-Cheese <hr/> Scrambled Eggs			

### À LA CARTE MENU

Hamburger — Cheeseburger — Chicken (Regular/Spicy) Sandwich  
 Pizza (Cheese/Pepperoni) — Uncrustable (Grape/Strawberry)  
 Chicken Strips (Gluten Free)

\*Menu subject to change due to availability of food or school closure. \*\*Denotes Pork  
 Campbell County School District is an equal opportunity employer and provider.